

# YASC

## CUSCO POST TRIP

July 26 – 30, 2020



## Welcome to CUSCO!



- The original inhabitants of Cusco, the Incas, believed their city to be the navel of world, and still today it is filled with majestic traces of why they were able to build a vast and powerful empire. Discover its many attractions and walk through extravagant palaces and lovely town squares that look as if they were built yesterday.

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**YASC Cusco – Peru****Lima, Valle Sagrado & Cusco****JULY 26TH – 30TH, 2020****Day 1: Sunday 26, July 2020: Cusco, Lima, Valle Sagrado**

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*Flight recommended: LAN AIRLINES 2035 Lima – Cusco 13:00/14:24hrs*

Upon arrival, gather your luggage and then locate Condor Travel outside of the baggage claim area for assistance and a transfer to the hotel in the sacred valley with visits on route. Representatives will be holding a sign with your name.

**ONROUTE TOUR TO CHINCHERO, MARAS AND MORAY**

Straight from Cusco airport, you will enjoy a panoramic visit of the Maras salt mines, where the finest salt in the world is extracted: Maras salt. Then, you will head to Moray, a fascinating archaeological site in the Sacred Valley of the Incas. You will visit its huge concentric terraces, which the Incas used as a botanical laboratory. Afterwards, you will head to Chinchero to the PARWA Center, where you can appreciate beautiful textiles and even buy some to take home. Afterwards, visit the church of Chinchero, which was built by the Spanish in 1607 and remains standing until today. Continue with the visit to the Chinchero ruins, where you will find an important Inca center in which terraces and aqueducts were built.

**Dinner and Overnight at Sonesta Posada del Inca Yuca – Standard room**<https://www.sonestapiyuca.com>

Check In: 15:00

Check Out: 12:00

Meals: - / Box lunch /Dinner

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## Day 2: Monday 27, July 2020: Misminay community and Ollantaytambo archaeological site

Buffet breakfast.

Today, visit the Misminay community, where you will be received in a very special way by its inhabitants. Engage in some of the activities available in the community, which help improve the environment and lifestyle of Misminay families. At the end, you will enjoy an exquisite lunch prepared by the members of the community with local ingredients.

You will participate in a private ceramic workshop in Ceramica Seminario, where you will be provided with tools and materials to make your creations.

You will work with a clay plate and learn pre-Columbian techniques, which are the result of Pablo Seminario's research. Your plates will then be dried in the sun and then burned in the oven, being ready in 2 or 3 days. Once ready, they will be delivered to you.

Proceed to the village of Ollantaytambo, with its impressive and eponymous Inca fortress. This is very important historically, as it was here that Manco Inca defeated the Spanish in 1538. Then a climb up steep stone steps to admire the astonishing monoliths that make up the Temple of the Sun. Finally, back to your hotel in the Sacred Valley.

### Dinner and Overnight at Sonesta Posada del Inca Yucay – Standard room

<https://www.sonestapiyucay.com>

Check In: 15:00

Check Out: 12:00

Meals: Breakfast / Lunch / Dinner

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### **Day 3: Tuesday 28, July 2020: WALK TO THE PLATFORMS AND AQUEDUCTS OF YUCAY & - DISCOVERING ANCIENT PERUVIAN CULTURES AT THE INKARIY MUSEUM**

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Buffet breakfast.

You head to the town of Yucay, in the Sacred Valley, where the walk will begin towards the archaeological complex. Once there, you will see the huge Inca walls surrounded by aqueducts. These platforms are full of crops that continue to be used to date. You will travel the Inca roads until you reach the highest part of this citadel. Follow another way towards the cave paintings, which are located on rocks that can be seen at a close distance. There you will take a short break, then return to the Inca citadel and go through some local farming areas. Finally, you will return to the town of Yucay. Lunch included at local restaurant.

You will visit the Inkariy Museum, where the combination of highly realistic figures, videos and music will take you through centuries of history, where you will discover cultures such as Caral, Paracas, Chavín and the Incas, among others. Thanks to this ambitious and innovative project, you can see how the ancient Peruvians looked, how they lived and how all these civilizations contributed to the country's cultural evolution.

Dinner at local restaurant.

#### **Overnight at Sonesta Posada del Inca Yucay – Standard room**

<https://www.sonestapiyucay.com>

Check In: 15:00

Check Out: 12:00

Meals: Breakfast / Lunch / Dinner

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#### Day 4: Wednesday 29, July 2020: Machu Picchu citadel

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Buffet breakfast.

Early this morning, transfer from hotel to Ollantaytambo train station.

VISTADOME TRAIN Ollantaytambo – Aguas Calientes (1.30hrs journey)

A visit to one of the most important tourist destinations in the world: Machu Picchu. The excursion starts with a train trip to the town of Aguas Calientes, also known as Machu Picchu Pueblo. The natural beauty of the surroundings makes the train the best way to start your visit. When you arrive, you will start the ascent to the ruins, which will without a doubt be one of your most unforgettable experiences. At Machu Picchu you can see every part of one of the Seven Modern Wonders of the World, relax and take some impressive photos. Then you return to Aguas Calientes and the train for the return journey.

VISTADOME TRAIN Aguas Calientes – Ollantaytambo (1.30hrs journey)

At the scheduled time, you will be transferred from the Ollantaytambo station to Cusco hotel.

#### Dinner and Overnight at Sonesta Cusco Hotel

<https://www.sonesta.com/pe/cusco/sonesta-hotel-cusco>

Check In: 14:00

Check Out: 12:00

Meals: Breakfast / Lunch / Dinner

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#### **Day 5: Thursday 30, July 2020: CITY TOUR WITH SAN PEDRO MARKET AND NEARBY RUINS**

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Buffet breakfast.

You will visit the city of Cusco, also known as the Imperial City and declared a World Heritage Site by UNESCO. You will start your tour at the Koricancha Temple, an ancient Inca palace and cult center of the Sun God, above which the order of the Dominicans built a church, which remains standing to this day. Then, you will visit the Plaza de Armas, where you will visit the Cathedral, the most important temple in the city. Continue ascending to the Fortress of Sacsayhuaman, an impressive example of Inca military architecture. Afterwards, you will visit Kenko, an archaeological site where the Sun, Moon and Stars were celebrated. Continue with a visit to Puca-Pucara, place that would have served as "tambo" or resting place and lodging of the Inca. Finally, you will visit the art workshop Inka's Expression, where you will appreciate a sample of the various uses of Peruvian natural products (plants, fruits, vegetables, among others) and will know their nutritional, healing and cosmetic properties.

At the scheduled time, transfer to the airport to board the departure flight. Be aware check out time is at 09:00am

***Flight recommended: LAN AIRLINES 2042 Cusco - Lima 17:04/18:36hrs***

***\*\*END OF SERVICES\*\****

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 **SONESTA**  
CUSCO



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**Rate per person per accommodation:**

Single room	\$1,630.00
Twin/double room	\$1,400.00

*Includes private land services and airfare Lima – Cusco – Lima.*

**Including:**

- All services, lodging, food, and beverages mentioned in the trip description, plus taxes, tourist tickets, and entrance fees.
- All excursions come with a guide in the English language and private coach.
- Our prices include entrance fees and tourist ticket costs to determined historical, natural, or religious landmarks that are managed by the local authorities in many cases. Costs may increase without prior warning. Condor Travel will notify you of these immediately and adjust the prices accordingly.
- 04 nights luxury accommodation, 03 in the Sacred Valley and 01 in Cusco.
- Meals: 04 breakfast, 01 box lunch, 03 lunch.

**Not including**

- Early check-in, late check-out, services and food not listed in the itinerary, beverages during the meals, hotel extras, and personal expenses.
- Domestic and international airfare.
- Tips for guides, drivers, and waitresses, if not specified in the description.

**General Conditions**

- Rates for VAT-exempt lodgings (The VAT in Peru is 18% and represented on receipts as IGV). For the exemption to be effective, passengers must check-in at the hotel with their original passport as well as their Andean Immigration Card, both duly stamped by the Peruvian Immigration Department. National ID cards are only valid for passengers coming from MERCOSUR countries and Affiliated States.
- You must present your passport when boarding all flights. National ID cards are only valid for passengers coming from MERCOSUR countries.
- We need the complete flight itinerary and its corresponding record locator (PNR). Without this information, we cannot solve any problem that might occur because of airline-generated flight changes.

**Cancellations**

- If you cancel up to 90 days before group arrival, we will charge 30% for cancellation costs. Between 89 and 65 days prior to group arrival, we will charge 50% for cancellation costs. If you cancel less than 64 days prior to group arrival, then we will charge 100% for cancellation costs.
- No Show: If you cancel or are a no show, we will charge the 18% VAT for corresponding service fees.

**Condor Travel Liability**

- Condor Travel's liability for services not rendered and nonconformity with services purchased through us is limited. Condor Travel shall not be held liable for injuries, losses, accidents, delays, or any other irregularity that may take place due to omission or negligence on the part of the companies or individuals that provide transportation (or drive the vehicles), lodgings, or other tour-related services or for natural phenomena, disease, war, quarantines, strikes, interventions by police or customs / health authorities, or any other factor outside its control.

- Condor Travel reserves the right to change any tour or excursion when it deems it necessary for providing better service to its customers.
- Condor Travel shall not be held liable for required visas or vaccinations.

### **Train to Machu Picchu**

Remember that Condor Travel needs complete passenger information (full name, type and number of document, nationality, and date of birth) at least 30 days prior to the date of the trip in order to guarantee seating on the chosen train. This is the only way of assuring you have the proper seats.

### **Adventure Activities and Nonconventional Programs**

Some activities involve inherent risk of personal harm, for example, the Inca Trail, rafting, canoeing, mountain biking, horseback riding, etc. Passengers must be told and should be aware that their safety cannot be guaranteed and that Condor Travel will not assume responsibility for this.

### **Condor Assistance**

Thanks to this medical assistance program -which covers emergencies within Peruvian territory- passengers will receive the following benefits just by contacting the service and at no extra cost:

- Assistance in case of primary attention, medical urgencies that don't require hospitalization.
- Full treatment with generic medicine.
- Standard procedures covered during medical attention (injections, wound cleansing and oxygen administration).
- No age restriction for medical attention coverage.
- Patient satisfaction and evolution follow-up within 24 hours.
- Assistance with any paperwork needed in case of luggage or document loss.

Does not include:

- Hospitalization or complex treatments other than primary attention (in these cases you must use your international insurance).
- Treatment for chronic, complex or pre-existing diseases.

### **About Condor Travel**

Condor Travel offers its customers:

- Experience: more than 40 years working in South America.
- Regional coverage: just one contact for the main tourist destinations around the region.
- Reliable operations: 24 hour availability, expert guides, high quality transportation service, the best in adventure gear.
- Innovative products and services and the possibility of developing tailored programs.
- Commitment to sustainable tourism: We are Rainforest Alliance certified.

# Welcome to PERU!



## GENERAL INFORMATION

**Peru** is a country of incredible diversity in a variety of categories: archeological, with such important civilizations as the Incan, Mochica; cultural, boasting numerous living cultures, like the Aymara, Quechua, and untold Amazonian ethnicities; and natural, marked by three distinct regions – the arid coast, contrasted against the immensity of the Pacific Ocean, the highlands of the towering Andes Mountains, and the lush Amazon Rainforest, a sea of everlasting green stretching across the continent to touch the Atlantic coastline.

### Geographic Location

Peru is located in the central and western part of South America facing the Pacific Ocean on the West.

### Weather & Climatic zones

The weather in Peru varies on both the season of the year and on the region to which you are traveling. Generally speaking, May through October is the dry season; November through April is the rainy season, and the wettest months are January through April. The weather and climate zones in Peru are markedly different among its three vastly different regions. The coast is predominantly arid and mild, the Andean region is temperate to cold, and the eastern lowlands are tropically warm and humid.

### Regions

It is divided into three distinct regions – the arid coast, contrasted against the immensity of the Pacific Ocean, the highlands of the towering Andes Mountains, backbone of South America, and the lush Amazon Rainforest, a sea of everlasting green stretching across the continent to touch the Atlantic coastline.

### Population

- 30.0 million of the following ethnic strains: European, Oriental, African, Indoamerican.
- In Lima: 8 million.

### Language and Religion

- Spanish with 80% literacy rate
- Quechua is also an official language. Aymara is spoken around Lake Titicaca and dozens of languages are spoken by the native inhabitants of the Amazon basin.
- Roman Catholic: 95%. Protestant and others: 5%.



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## Important tips

### Currency

Peru's official currency is the Nuevo Sol (S/.), which is further divided into 100 cents. Coins come in denominations of 5, 10, 20, and 50 cents, as well as 1, 2 and 5 Nuevos Soles; bills come in 5, 10, 20, 100, and 200 Nuevos Soles.

Banking hours in Peru are generally Monday – Friday, 9 A.M. to 6 P.M. However, certain bank branches located in shopping centers or supermarkets do remain open for business 7 days a week until 8 P.M. ATMs are also conveniently placed in all Peruvian cities.

### Exchanging money

We recommend that you exchange money at a hotel, bank, or authorized exchange broker, locally known as “casa de cambio” (normally open for business from 9:30 A.M. to 6:00 P.M.). If you wish to know the current exchange rate, it is posted online at the website of the Superintendencia de Banca, Seguros y AFP: [www.sbs.gob.pe](http://www.sbs.gob.pe).

### Safety

In terms of personal safety, we recommend taking the precautions customary to any tourist destination the world over, namely:

- Always be aware of your surroundings to prevent theft
- Carry a copy of your identification documents and airline tickets/itinerary with you and leave your originals and other valuables in the hotel safe.
- Use a money belt or case with concealed sections for valuables and don't carry large amounts of cash.
- Keep an eye on your bags and luggage.
- Only change money in banks, hotels, and authorized exchange brokers. Avoid making transactions on the street.
- You should only use reputable dispatch taxi services, and ask the hotel reception desk for assistance.

### Electricity

Electrical devices in Peru run on 220 volts. Most four- and five-star hotels do, however, offer 110 voltage outlets.

### Health

*We recommend some acclimatization days before starting any activity in Cusco; Likewise, it is possible that the mixture of altitude, climate and local food may affect your stomach health; We recommend avoiding heavy meals, especially if you come from cities near sea level.*

- Cusco is more than 2000 meters above sea level and this can cause altitude sickness, which involves headaches, fatigue, nausea,
- Since you may not be accustomed to the water sources in Peru (as in many other places in the world), it is advisable to drink only bottled or boiled water.
- Be certain to wash raw fruits and vegetables very well.
- You should avoid eating food from sidewalk vendors.
- If you are planning to travel to the mountains, you can avoid experiencing altitude sickness (soroche, as it is locally known) by resting on the first day of your arrival and eating light meals. There is also a local remedy you can try called “mate de coca”, an herbal tea brewed from coca leaves.
- If you require medical care, contact your hotel staff or a Condor Travel representative. You can also call the numbers provided on your Condor Assistance card.
- If you are planning to travel to the rainforest, a yellow fever vaccine is recommended, yet be advised that it must be administered at least 10 days before your trip for it to be effective.

## Tips

The amount of a tip varies in Peru, yet it always depends upon the patron's satisfaction with the service. Nevertheless, it is customary to leave a 10% tip in restaurants.

## Taxis and public transportation

We recommend you use a dispatch taxi company, one that you request by phone. When at the airport, you should use only authorized taxi services. City buses are identified by colors and numbers that are established according to the route, the majority of these being rather long, hence resulting in an uncomfortable trip. If you are planning to use public transportation in Lima, we suggest using the Metropolitano Bus Service.

## Value Added Tax (IGV) exemption

All non-resident foreign tourists in Peru who remain in the country less than 60 days (the total amount cannot exceed 90 days each year) are exempt from paying the IGV, which is 18% for hired services. For that reason, tour operators do not include that tax in the packages they quote. Nevertheless, to be exempt from paying this tax, you must present your passport or photo identification card and the Andean Migration Card (TAM) with the appropriate stamp showing the date of entrance into the country when checking in at any hotel. If you fail to fulfill all regulations for tax exemption you will have to pay the difference directly to the service provider or through your travel agency, after having made the proper arrangements.

## We recommend carrying:

- ✓ Rain jacket
- ✓ Sunglasses
- ✓ Light hat or visor
- ✓ Sunscreen lotion
- ✓ Light hiking shoes or sneakers
- ✓ Cotton long sleeved shirts and T-shirts
- ✓ Wool sweater
- ✓ Blue Jeans
- ✓ Wool Socks
- ✓ Photographic camera
- ✓ Repellent



DO'S



DONT'S



Take pictures



Store big backpacks in lockers located at the citadel entrance.



Wear comfortable footwear



Use baby carriers



Take pictures of the animals



The elderly or people with any type of impairment may use rubber tip canes.



Enter Machu Picchu with a tour guide on their first visit, with a maximum of 16 visitors per guide. You may re-enter without a guide, but you must show your first visit ticket.



Use selfie sticks, tripods, nor any other sort of extension for camera or cellphone use.



Bring backpacks with size over 40x35x20 cm.



Wear highheels



Use baby strollers



Feed the animals



Use metal tip canes or of any other sort of aggressive material.



Use drones over the archaeological site



Use disposable water bottles or bags.

**Clothing**

The clothing to pack for a trip to Machu Picchu depends on the season. The highland region encompassing Machu Picchu has a dry winter season and a rainy summer. The winter months of May through October are the peak travel months for Cusco and Machu Picchu, largely due to the drier weather and superior road conditions. The wet season of November to April sees a dramatic decrease in tourist numbers. This is due to the mudslides and trail washouts that often occur around this time of year. Andean Travel Web recommends packing layers of clothing to accommodate the fluctuating temperatures around Machu Picchu. Conditions in the day are often sunny and hot, whereas nighttime temperatures drop significantly at such high altitudes. Visitors traveling in the dry winter should pack a lightweight pair of trousers along with a set of shorts, a tee-shirt, a long-sleeve shirt and a fleece jacket. The rainy summer months require a similar set of clothing, but you may want to opt for a rain jacket rather than a fleece. This simple combination of outerwear will allow you to add or subtract layers as necessary. Also, don't forget several pairs of socks and underwear. Long underwear is a solid choice in the winter, and wicking fabrics help keep your body dry when hiking around Machu Picchu.

**Clothes and accessories**

Suggested clothing may vary according to the Machu Picchu Weather on the day of your trip; We recommend checking the weather forecast; However, know that in Machu Picchu you can pass from a clear sky to a heavy rain in just minutes.

Medium backpack (you will not be able to enter Machu Picchu with a large backpack)

Hiking shoes, especially if you plan to tour some of the mountains of Machu Picchu

**Sunny days:**

- Sunglasses
- Hat or cap for protection from the sun
- Removable pants
- Light clothing (Cotton polo shirts, shorts)
- Warm clothing (the nights are usually cold, especially in the dry season)

**Rainy days:**

- Waterproof blanket for the backpack.
- Waterproof clothing (jacket, water poncho, windbreaker, gloves)
- Warm clothing (coat, coat, poncho)
- Long-sleeved shirts (sweaters)
- Either way, you'll need to pack intelligently to get the most out of your trip.

**Basic Accessories**

These elements are quite useful to enjoy your visit.

- Water sufficient to stay hydrated, on a walk of at least 2 hours
- Insect repellent
- Lip protection
- Sun blocker with high protection factor
- Plastic bags with closure
- Electronic accessories
- Photographic camera
- Extra Batteries
- Additional Storage Memory
- Power adapter
- Personal Hygiene Accessories


## Luggage Policy

### **Policy of Luggage on board the train**

Allowable passenger carryon bags:

Any luggage not meeting the measurements cannot be taken aboard.

The rest of your luggage will be stored at Hotel in Cusco

1 bag or backpack	WEIGHT: 05kg/11lb	SIZE 62 inches/157cm (length + width + height)	
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## Travel documents

Valid passport (it is indispensable, not only for the purchase of the ticket Machu Picchu, but also to identify yourself in a country that is not yours)

## **Onsite Facilities**

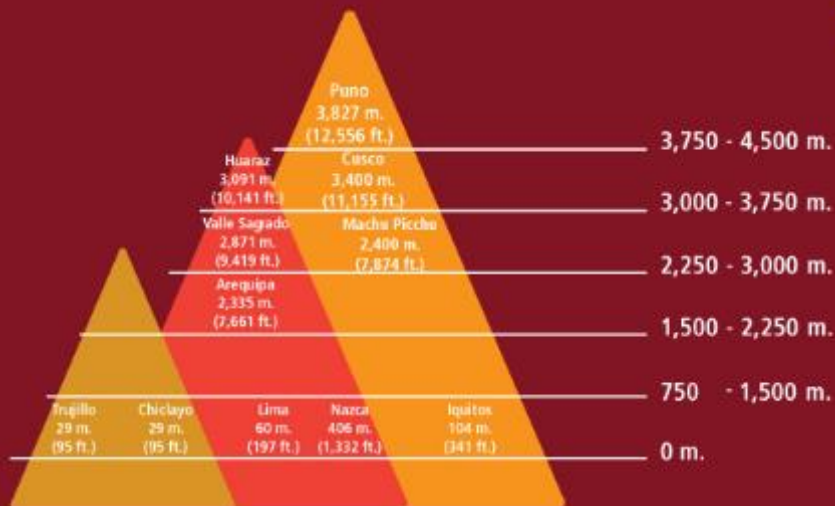
**Public Toilets:** Located near the entrance to Machu Picchu on the lower level. The price for a tinkle is 1 Peruvian Sole, so make sure you have some change to hand. These are the only public toilets at Machu Picchu, so don't get caught short!

**Luggage Storage:** Located 2 – 3 meters (6 – 9 feet) past the entrance gate turnstiles on the left hand-side. You can store excess luggage for 3 Soles per day. Remember large backpacks are not permitted inside Machu Picchu so this is the ideal place to leave your things. Don't worry it is secure.

## **Access for Handicapped / Restricted Walking Abilities**

Due to its mountainside location and endless Inca stairways, getting around Machu Picchu is a challenge for all visitors let alone the handicapped. There are no access slops with in the citadel, making wheelchair access practically impossible. However, it is possible to get to a view point over Machu Picchu without traversing steps. Following the main pathway from the entrance gate to the first row of agricultural terraces (about 200 meters / 220 yards) you can appreciate panoramic views of the Urban Sector of Machu Picchu and Huayna Picchu Mountain. Ask a member of staff for help if needed. For people with restricted walking abilities Machu Picchu proves a real challenge too. Although park rules state no walking sticks are allowed, it is generally accepted that 1 walking stick with a rubber tip is okay. There are practically no seats or benches to rest upon, so the only place you can rest is on the floor. Put a sturdy blanket in your backpack to sit on and avoid biting insects.

# Altitudes



# Distances

## Arequipa

 16 hours  1:25 hours

## Iquitos

 1:40 hours

## Puno

 21 hours  2:25 hours

## Cusco

 21 hours  1:10 hours

## Nazca

 6:30 hours

## Trujillo

 9 hours  1 hour

## Huaraz

 8 hours  1:10 hours

## Paracas

 3:30 hours

## Tumbes

 16 hours  1 hour